

Growth at Work: Building a Learning-Oriented Culture

Key Takeaways

1

Learning Mindset Unboxed



I Don't Know Yet

Acknowledgement of gap in knowledge



Curiosity manifested as a strong desire to learn

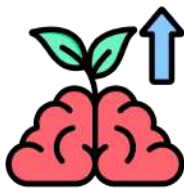


I Want To Learn

Decision to bridge the gap by acquiring new knowledge/ skill

2

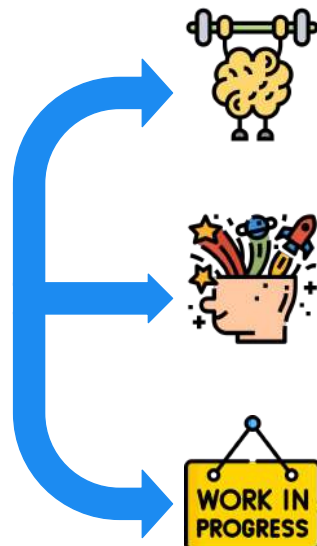
The Benefits Of Creating A Learning Culture



Growth Mindset



Learning Culture



Resilience

Creativity


Progress

Growth at Work: Building a Learning-Oriented Culture

Key Takeaways


3

Tips To Influence Your Immediate Circle




Coaching Questions to Promote Learning

"What are you learning from this incident?"
 "How can this experience make you a better person?"
 "Where can we go from here?"



Normalise Admitting Errors

Monitor your emotional responses over time when articulating phrases like "I was wrong", "I correct myself", "My bad."



Identify Your "Learning Edge"

1. Select a skill to improve
2. Identify a colleague to learn from
3. Openly seek help

Need a bit more help?

Connect with your coach to explore your current "learning edge," unpack any fixed-mindset patterns.



Take charge of your mental health today!

Go on Intellect Web (<https://app.intellect.co>) or download the Intellect app now and embark on a journey of personal wellbeing.

