

07. Post-Launch EDM: Clinical

Send date: One week after Intellect Launch Webinar/Event

How to use: Make a copy of the editable template or copy the text below, and attach the provided image as an email banner. Edit the text in red and switch to black once done. Send through email to your whole organisation.

Subject line: Need Some Support? Clinical Can Help.

Images: [Clinical Email Banner \(editable to add code\)](#) and [Image](#)

Clinical Guide: [Clinical Guide \(Do not edit\)](#)

Editable Template: [Google Doc](#)

Hey there, can you relate?

Curious about behaviour patterns?

Going through a bumpy road?

Stuck in habits you want to change?

Looking for a safe space?

Get connected with a professional to get 1:1 support on your...

Past experiences

Behaviour Patterns

Emotional Triggers

...and much more!

intellect

- Select "I'm new here" then "With your organisation"
- Select "Continue with SSO"
- Sign up using your work email address

[Greeting],

先週、私たちは新しいウェルビーイング福利厚生「Intellect」を導入しました。Intellectはどのように役立つのでしょうか？

時には、様々な感情と向き合い、自己研鑽に励みながら、人生の困難に立ち向かうことは、苦しい挑戦に感じられることもあります。

カウンセリングでは、安心して話せる空間を提供し、困難を乗り越え、レジリエンスを高め、持続的な心のウェルビーイングを育むお手伝いをします。

🌟 カウンセリングを始める

Intellectとの提携により、無料でご希望のカウンセラーとの1対1セッションを受けることができます。画像の案内に従ってIntellectアプリにアクセスし、添付のガイドを参考にカウンセリングを始めましょう。

カウンセリングが自分に合うか迷っている方は、以下のポイントを確認してみましょう：

Counselling can benefit anyone and everyone!



Intellect's hand-picked clinicians create a safe, non-judgmental space to help you navigate challenges, build resilience, and enhance your mental wellbeing.



Explore Your Past

Reflect on past events and experiences to understand how they've shaped your thoughts, behaviours, and emotions.



Understand Patterns

Identify recurring patterns in your actions or reactions, helping you understand why you may respond the way you do in certain situations.



Gain Insights Into Your Thoughts And Behaviours

Uncover how your thoughts and feelings influence your actions, enabling you to break unhelpful cycles and make healthier decisions.

[Sign-off]

<Attach Coaching Guide PDF>