

# Micro-Actions for Macro-Impact: Small, Everyday Actions for Positive Workplace

## Key Takeaways

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### Definition



- Small, intentional behaviours we engage in during day-to-day interactions and shapes how other feel and function in the workplace
- When repeated over time, it helps shape team norms, emotional climate, and psychological safety
- They are brief, intentional, frequent and contagious

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### 3 Key Pillars of Micro-Actions



**Psychological Safety**



**Building Tiny Habits**



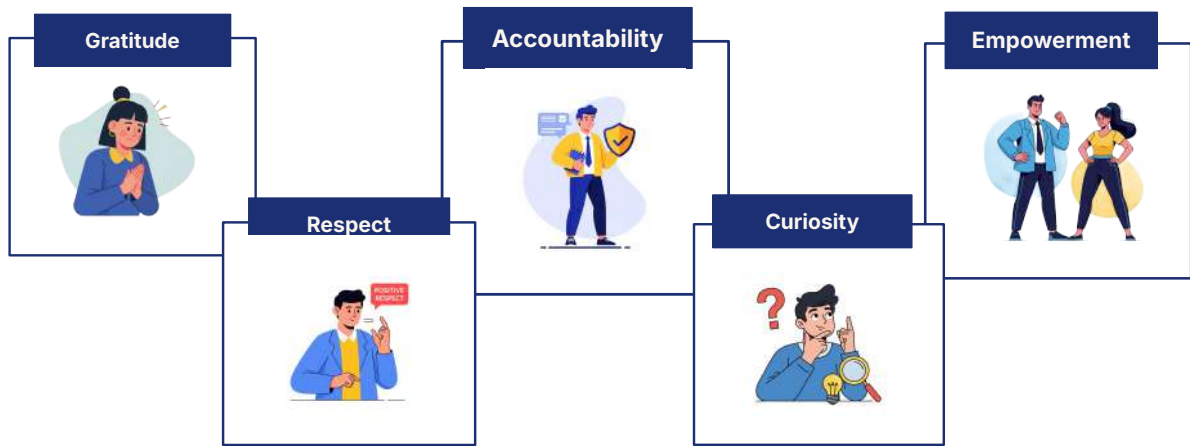
**Belonging Cues**

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### Micro-action behavioural theme with GRACE framework



### Need a bit more help?

Discuss with your coach to identify simple, practical micro-actions you can create and make small shifts to build confidence and strengthen collaboration.



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