

Micro-Actions for Macro-Impact: Small, Everyday Actions for Positive Workplace

Cultivating a positive workplace culture starts with the small things — the everyday actions we often overlook. This session empowers participants to recognise the power of micro-actions in shaping how teams feel, function, and flourish. From a simple “thank you” to letting someone finish speaking, these intentional behaviours create the emotional ripple that drives connection, trust, and engagement.

Discover practical strategies to build habits that stick, foster psychological safety, and signal belonging in meaningful ways. By committing to small, consistent actions, participants will not only contribute to a healthier team environment, but also strengthen their own sense of purpose and impact at work.

Learning Objectives

- Recognise how everyday micro-actions influence team dynamics and shape a positive workplace culture.
- Reflect on personal behaviours and identify the ripple effects of intentional actions on psychological safety and belonging.
- Apply practical strategies to build small, sustainable habits that foster collaboration, trust, and inclusion at work.

Content Outline

Recognise how everyday micro-actions shape team culture

- What are micro-actions?
- Why it matters?
- The 3 key pillars of micro-actions.

Reflect on your Behaviours and their ripple effects

- Repercussions of poor micro-actions
- Micro-actions behavioural themes with GRACE framework

Recommit to intentional micro-actions that foster a positive, inclusive environment

- Commit to small actions to do in the workplace