

Finding Your Purpose & Drive

Feeling lost, uninspired, or simply searching for greater personal fulfillment? You're not alone!

Having a life purpose helps enhance resilience, promotes wellbeing, and empowers us to make a meaningful impact. Yet in reality, igniting our personal motivation to blaze towards our unique life purpose and goals can be difficult.

If you are searching for your unique purpose and seeking motivation to achieve your goals, hop on this webinar and be guided through a transformative journey of self-discovery.

In this session, you will explore techniques to uncover your life's purpose and learn effective strategies for overcoming obstacles, keeping you well-fuelled as you navigate the road ahead.

Learning Objectives

- Understanding the concept & importance of life purpose
- Develop strategies to overcome challenges in finding life's purpose
- Application: Discover top tips & practice advice for uncovering your life's purpose

Content Outline

Discovering Your Life Purpose:

- What is a Life Purpose?
- Life Purpose vs. Life Goal
- Importance of a Life Purpose: What the Research Says
- Crafting Your Life Purpose Statement

Conquering Your Purpose:

- Challenges while Finding Your Life Purpose
 - Lack of Clarity & Overly Overwhelmed
 - Fear of Failure
 - External Pressure
 - Limiting Beliefs

Cracking the Code:

- Steps to Finding your Purpose